

October 8, 2007



AvalonBay Communities Announces Third Quarter 2007 Earnings Release Date

ALEXANDRIA, Va.--(BUSINESS WIRE)--

AVALONBAY COMMUNITIES, INC. (NYSE:AVB) will release its third quarter 2007 earnings on October 31, 2007 after the market closes. The company will hold a conference call on November 1, 2007 at 11:00 AM Eastern Daylight Time (EDT) to discuss its third quarter 2007 results.

Live Conference Call Details

Domestic Dial-In Number: 1-877-510-2397
International Dial-In Number: 1-706-634-5877
Webcast: <http://www.avalonbay.com/earnings>

Details for the Replay of the Conference Call

Domestic Dial-In Number: 1-800-642-1687
International Dial-In Number: 1-706-645-9291
Conference ID for Replay: 19275540
Dates Available: November 1, 2007 at 1:00 PM EDT to November 8, 2007 at 11:59 PM EST

The call will include prepared remarks by management and a question and answer session during which management may discuss the Company's current operating environment; operating trends; current or potential development, redevelopment, disposition and acquisition activity; the Company's outlook and other business and financial matters affecting the Company.

The earnings release will include supplemental Earnings Release Attachments (the "Attachments") that will not be included in the wire or fax distributions. The Attachments will be available via the Company's website at <http://www.avalonbay.com/earnings> and through e-mail distribution. If you would like to receive future press releases via e-mail, please call AvalonBay Communities, Inc. Investor Relations at 703-317-4636.

About AvalonBay Communities, Inc.

As of June 30, 2007, AvalonBay Communities, Inc., headquartered in Alexandria, Virginia,

owned or held an ownership interest in 176 apartment communities containing 50,771 apartment homes in ten states and the District of Columbia, of which 16 communities were under construction and seven communities were under reconstruction. AvalonBay is in the business of developing, redeveloping, acquiring, and managing apartment communities in high barrier-to-entry markets of the United States. More information on AvalonBay, an S&P 500 company, may be found on the Company's Web site at <http://www.avalonbay.com>.

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