
UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d) of
the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) **November 19, 2013**

AVALONBAY COMMUNITIES, INC.
(Exact Name of Registrant as Specified in Its Charter)

Maryland
(State or Other Jurisdiction of Incorporation)

1-12672
(Commission File Number)

77-0404318
(I.R.S. Employer Identification No.)

671 N. Glebe Road, Suite 800, Arlington, Virginia
(Address of Principal Executive Offices)

22203
(Zip Code)

Registrant's telephone number, including area code **(703) 329-6300**

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- ☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - ☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - ☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - ☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 5.02 Departure of Directors or Certain Officers; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On November 19, 2013, Thomas J. Sargeant, Chief Financial Officer of AvalonBay Communities, Inc. (the "Company"), informed the Company of his decision to retire from the Company effective May 31, 2014. The Board of Directors of the Company has appointed Kevin P. O'Shea, the Company's Executive Vice President of Capital Markets, to the position of Chief Financial Officer of the Company, effective upon Mr. Sargeant's retirement.

Mr. O'Shea, 48, has been the Company's Executive Vice President of Capital Markets since January 2013. Prior to that he was Senior Vice President of Investment Management. Mr. O'Shea joined the Company in July 2003. Before joining the Company, Mr. O'Shea was an Executive Director at UBS Investment Bank, where his experience included real estate investment banking. Earlier in his career, Mr. O'Shea practiced commercial real estate and banking law as an attorney. Mr. O'Shea received his Masters Degree in Business Administration from Harvard Business School, his J.D. from Southern Methodist University and his undergraduate degree from Boston College.

Attached as Exhibit 99.1 is the press release the Company issued regarding Mr. Sargeant's pending retirement and the appointment of Mr. O'Shea as Chief Financial Officer.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

Exhibit No.	Description
99.1	Press Release of AvalonBay Communities, Inc. dated November 20, 2013.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

November 20, 2013

By: /s/ Thomas J. Sargeant

Name: Thomas J. Sargeant

Title: Chief Financial Officer

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EXHIBIT INDEX

Exhibit No.	Description
99.1	Press Release of AvalonBay Communities, Inc. dated November 20, 2013.

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Contact: Jason Reilley
Director
Investor Relations
AvalonBay Communities, Inc.
703-317-4681

For Immediate Release

AVALONBAY COMMUNITIES ANNOUNCES MAY 2014 RETIREMENT OF THOMAS J. SARGEANT, CFO, AND APPOINTMENT OF KEVIN P. O'SHEA AS SUCCESSOR

Arlington, VA (November 20, 2013) — **AvalonBay Communities, Inc. (NYSE: AVB)** reported today that Thomas J. Sargeant, the Company's Chief Financial Officer, announced his plans to retire from the Company effective May 31, 2014. Mr. Sargeant, 54, has been with the Company, including its predecessors, for 28 years and has served as Chief Financial Officer for the past 19 years.

"Tom is one of the most highly regarded CFOs in our industry and played an important role in the Company's formation and growth into a nationally pre-eminent owner, operator and developer of apartment communities. We will miss him as a valued colleague," said Timothy J. Naughton, Chairman and CEO.

The Company also announced today that its Board has appointed Kevin P. O'Shea, the Company's Executive Vice President of Capital Markets, to succeed Mr. Sargeant as Chief Financial Officer, effective upon Mr. Sargeant's retirement. Mr. O'Shea, 48, joined AvalonBay in 2003 to establish the Company's investment management fund platform. Since that time he has had a variety of financial and supervisory responsibilities, including execution of the Company's capital markets activities, corporate budgeting, financial forecasting, investor relations, risk management and financial analysis.

Before joining AvalonBay, Mr. O'Shea's professional experience included REIT investment banking. He holds an M.B.A. from Harvard Business School, a J.D. from Southern Methodist University and a B.A. from Boston College.

"Kevin has demonstrated exceptional leadership in our finance group over the last decade, a period in which we navigated through a challenging business and capital markets environment and completed a major acquisition," said Mr. Naughton. "We look forward to continuing to benefit from Kevin's experience and leadership as he assumes the role of CFO."

About AvalonBay Communities

As of September 30, 2013, the Company owned or held a direct or indirect ownership interest in 276 apartment communities containing 82,584 apartment homes in twelve states and the District of Columbia, of which 29 communities were under construction and five communities were under reconstruction. The Company is an equity REIT in the business of developing, redeveloping, acquiring and managing apartment communities in high barrier-to-entry markets of the United States. More information may be found on the Company's website at <http://www.avalonbay.com>.
