UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

 O Check this box if no longer subject to Section 16.
Form 4 or Form 5 obligations may continue.
See Instruction 1(b).

Name and Address of Reporting Person* (Last, First, Middle)	2. Issuer Name and Ticker or Trading Symbol	3. I.R.S. Identification Number of Reporting Person, if an entity (Voluntary)
Meyer, Gilbert, M.	AvalonBay Communities, Inc. (AVB)	
2900 Eisenhower Ave. Suite 300	4. Statement for Month/Day/Year 04/15/2003	5. If Amendment, Date of Original (Month/Day/Year)
(Street)	6. Relationship of Reporting Person(s) to Issuer (Check All Applicable)	7. Individual or Joint/Group Filing (Check Applicable Line)
Alexandria, VA 22314	x Director O 10% Owner	X Form filed by One Reporting Person
(City) (State) (Zip)	O Officer (give title below)O Other (specify below)	• Form filed by More than One Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see instruction 4(b)(v).

Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year		(Instr. 8)		e 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transactions(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownershij (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	,			
				Page	e 2						
			ivative Securities Ac g., puts, calls, warran		· • • ·			•			
Title of Derivati Security (Instr: 3)		Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3a.	Deemed Executio Date, if any (Month/Day/Year)			Transaction Code Instr. 8)	5.	Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	
								Code V		(A)	(D)
Deferred Stock U	Jnits	1 for 1	04/15/2003					A		529	

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned - Continued (e.g., puts, calls, warrants, options, convertible securities)										
Date Exercisable and Expiration Date (Month/Day/Year)	7.		ing Securities	8. Price of Derivative Security (Instr. 5)	9.	Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10.	Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11.	Nature of Indirect Beneficial Ownership (Instr. 4)
Date Expir Exercisable Da		Title	Amount or Number of Shares							
(1)		Common Stock	529	N/A		29,709 (2)		D		N/A

Explanation of Responses:

(1) These units were issued on the first quarter payment date of the Company's stock dividend. The units will convert into common stock when the reporting person ceases to be an employee or director of the issuer.

(2)The holdings following reported transaction reflects ownership of all deferred stock units.

/s/ Edward M. Schulman as attorney-in-fact under Power of Attorney dated	
January 1, 2000	4/16/2003
**Signature of Reporting Person	Date

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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