# FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

Estimated average burden hours per response: 0.5

Check this box if no		STATEI	ENT OF CHANGES IN BENEFICIAE OWNER	hours per respo	onse:	(		
may continue. See I	or Form 5 obligations nstruction 1(b).	F	iled pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940			<u>6</u>		
1. Name and Address <u>BLAIR BRYC</u>			2. Issuer Name and Ticker or Trading Symbol <u>AVALONBAY COMMUNITIES INC</u> [ AVB ]		tionship of Re all applicable Director Officer (give		to Issuer 10% Owner Other (specify	
1	(First) Y COMMUNITIES, ER AVE., SUITE 3(		3. Date of Earliest Transaction (Month/Day/Year) 03/01/2004		below)	EO and President		"'y
(Street) ALEXANDRIA (City)	VA (State)	22314 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indivi X	Form filed I	by One Reporting	ck Applicable Line Person Reporting Person	,

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			Securities	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
	Code V Amount (A) or (D) Price		Price	3 and 4)		(1130.4)				
Common Stock, par value \$.01 per share	03/01/2004		F		2,792 <sup>(1)</sup>	D	\$51.2	149,499.089 <sup>(2)</sup>	D	
Common Stock, par value \$.01 per share								435	Ι	Held in trust for minor children

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (li 8)		Derivative Ex		Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Transaction(s) (Instr. 4)		

### Explanation of Responses:

1. Reflects withholding of 2,792 shares by the Company to cover tax withholding obligations on the vesting of restricted stock under the Company's Stock Option and Incentive Plan.

2. The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including restricted shares.

### Remarks:

Edward M. Schulman, as attorney-03/03/2004 in-fact under Power of Attorney dated January 1, 2000 Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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