FORM 4

### **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB Number:	3235-0287
Estimated average burden	
hours per response:	0.5

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HOREY LEO S III			2. Issuer Name and Ticker or Trading Symbol AVALONBAY COMMUNITIES INC [ AVB ]		ationship of Reporting Person(s) to Issuer k all applicable) Director 10% Owner Officer (give title Other (specify below) below)		
	(First) 7 COMMUNITIES, ER, 671 N. GLEBE		3. Date of Earliest Transaction (Month/Day/Year) 05/06/2016		Chief Administrative Officer		
(Street) ARLINGTON (City)	VA (State)	22203 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indivi	dual or Joint/Group Filing (Ch Form filed by One Reportin Form filed by More than On	g Person	

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (I 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr.	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	3 and 4)		(Instr. 4)
Common Stock, par value \$.01 per share	05/06/2016		М		1,682	Α	\$126.78	48,799.8771(1)	D	
Common Stock, par value \$.01 per share	05/06/2016		S		1,682	D	\$185.5	47,117.8771 <sup>(1)</sup>	D	
Common Stock, par value \$.01 per share	05/06/2016		S		3,000	D	\$187	44,117.8771 <sup>(1)</sup>	D	
Common Stock, par value \$.01 per share	05/09/2016		S		3,000	D	\$188.5	41,117.8771(1)	D	
Common Stock, par value \$.01 per share	05/10/2016		S		1,500	D	\$191	39,617.8771(1)	D	ĺ
Common Stock, par value \$.01 per share	05/10/2016		G	v	1,000	D	\$0.00(2)	38,617.8771(1)	D	

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Ir 8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Employee Stock Options (Right to Buy)	\$126.78	05/06/2016		M			1,682	03/13/2014 <sup>(3)</sup>	03/13/2023	Common Stock	1,682	\$0.00 <sup>(3)</sup>	0 <sup>(4)</sup>	D	

#### **Explanation of Responses:**

- 1. The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including restricted shares.
- 2. Reflects gift of 1,000 shares.
- 3. The options exercised were included in options granted under the issuer's stock option and incentive plan on March 13, 2013, which became exercisable in three equal annual installments beginning on March 13, 2014.
- 4. Following the reported transaction, the reporting person does not hold any options to purchase.

## Remarks:

Catherine T. White, as attorney-infact under Power of Attorney dated 05/10/2016 February 23, 2009

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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