FORM 4

### **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

| OMB Number:              | 3235-0287 |
|--------------------------|-----------|
| Estimated average burden |           |
| hours per response:      | 0.5       |

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Breslin Sean J. | of Reporting Person*                     |                | 2. Issuer Name and Ticker or Trading Symbol AVALONBAY COMMUNITIES INC [ AVB ] |           | tionship of Reporting Person(s) to Issuer<br>all applicable)<br>Director 10% Owner<br>Officer (give title Other (specifically)<br>below) below) |          |  |
|--|--|----------------|---|-----------|---|----------|--|
|  | (First) 7 COMMUNITIES, 7ER, 671 N. GLEBE |                | 3. Date of Earliest Transaction (Month/Day/Year) 05/05/2017                   |           | Chief Operating C   | Officer  |  |
| (Street) ARLINGTON (City)              | VA (State)                               | 22203<br>(Zip) | 4. If Amendment, Date of Original Filed (Month/Day/Year)                      | 6. Indivi | dual or Joint/Group Filing (Che<br>Form filed by One Reporting<br>Form filed by More than On  | g Person |  |

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3)         | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transac<br>Code (li<br>8) |   | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) |               |            | 5. Amount of<br>Securities<br>Beneficially Owned<br>Following Reported<br>Transaction(s) (Instr. | 6. Ownership<br>Form: Direct (D)<br>or Indirect (I)<br>(Instr. 4) | Beneficial<br>Ownership |
|---|--|---|---------------------------------|---|---|---------------|------------|--|---|-------------------------|
|   |  |   | Code                            | v | Amount  | (A) or<br>(D) | Price      | 3 and 4)   |   | (Instr. 4)              |
| Common Stock, par value \$.01 per share | 05/05/2017                                 |   | S                               |   | 1,500   | D             | \$192.1925 | 34,732.6811 <sup>(1)</sup>   | D   |                         |

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security (Instr. 3) | or Exercise<br>Price of<br>Derivative | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | or Exercise<br>Price of<br>Derivative | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transaction<br>Code (Instr.<br>8) |     | 5. Number of<br>Derivative<br>Securities<br>Acquired (A)<br>or Disposed of<br>(D) (Instr. 3, 4<br>and 5) |                    | Expiration Date |                                  | 7. Title and Amount of<br>Securities Underlying<br>Derivative Security (Instr.<br>3 and 4) |                              | Derivative |  | Ownership<br>Form:<br>Direct (D) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|--|---------------------------------------|---|---------------------------------------|--|---|---|-----|--|--------------------|-----------------|----------------------------------|--|------------------------------|------------|--|----------------------------------|--|
|  |                                       |   |                                       | Code                                       | v   | (A)                                     | (D) | Date<br>Exercisable  | Expiration<br>Date | Title           | Amount or<br>Number of<br>Shares |  | Transaction(s)<br>(Instr. 4) |            |  |                                  |  |

#### Explanation of Responses:

## Remarks:

Catherine T. White, as attorney-infact under Power of Attorney dated 05/09/2017 May 26, 2009

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>1.</sup> The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including restricted stock