FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPRO

OMB Number:	3235-0287
Estimated average burden	
hours per response:	0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(ii) or the investment Company Act or 1940						
1. Name and Address of Reporting Person*			2. Issuer Name and Ticker or Trading Symbol AVALONBAY COMMUNITIES INC [AVB]	Relationship of Reporting Person(s) to Issuer (Check all applicable)					
HAVNER RONALD L JR (Last) (First) (Middle) 671 N. GLEBE ROAD SUITE 800			[X	Director	10% Owner			
					Officer (give title	Other (specify			
		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/23/2019		below)	below)			
(Street) ARLINGTON	NGTON VA 22203		4. If Amendment, Date of Original Filed (Month/Day/Year) 05/28/2019	6. Indiv	idual or Joint/Group Filing Form filed by One Repo Form filed by More thar	orting Person			
(City)	(State)	(Zip)							

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year) 3. Transacti Code (Ins			4. Securities Ad Disposed Of (D			Securities	or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	3 and 4)		(111311. 4)
Common Stock, par value \$.01								6,799.2248(1)	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		Derivative		Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative	derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		

Explanation of Responses:

1. On May 28, 2019, the reporting person filed a Form 4 to report the grant of 785 deferred stock units. The form omitted 112 deferred stock units granted on May 15, 2019 and reported on June 5, 2019. The amount of securities beneficially owned following the reported transaction reflects direct ownership of all shares of common stock, including Restricted Units, which may be subject to vesting requirements. The Restricted Units will convert into common stock when the reporting person ceases to be an employee or director of the issuer.

Remarks:

By Catherine T. White under Power of Attorney dated as of 06/05/2019 September 16, 2014.

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).