

<div>1. Name and Address of Reporting Person*</div> <div>Birenbaum Matthew H.</div> <div>(Last) (First) (Middle)</div> <div>C/O AVALONBAY COMMUNITIES, INC.</div> <div>4040 WILSON BOULEVARD, STE. 1000</div> <div>(Street)</div> <div>ARLINGTON VA 22203</div> <div>(City) (State) (Zip)</div>	<div>2. Issuer Name and Ticker or Trading Symbol</div> <div>AVALONBAY COMMUNITIES INC [ AVB ]</div> <div>3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)</div> <div>12/31/2021</div> <div>4. If Amendment, Date of Original Filed (Month/Day/Year)</div>	<div>5. Relationship of Reporting Person(s) to Issuer (Check all applicable)</div> <div><div>Director</div><div>10% Owner</div><div>X Officer (give title below)</div><div>Other (specify below)</div></div> <div>Chief Investment Officer</div> <div>6. Individual or Joint/Group Filing (Check Applicable Line)</div> <div><div>X Form filed by One Reporting Person</div><div>Form filed by More than One Reporting Person</div></div>
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Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Amount	(A) or (D)	Price			
Common Stock, par value \$.01 per share	05/19/2021		G	250 <sup>(1)</sup>	D	\$0.00	56,172.8175 <sup>(2)</sup>	D	
Common Stock, par value \$.01 per share	08/20/2021		G	250 <sup>(1)</sup>	D	\$0.00	55,922.8175 <sup>(2)</sup>	D	
Common Stock, par value \$.01 per share	11/03/2021		G	125 <sup>(1)</sup>	D	\$0.00	55,797.8175 <sup>(2)</sup>	D	
Common Stock, par value \$.01 per share	11/03/2021		G	125 <sup>(1)</sup>	D	\$0.00	55,672.8175 <sup>(2)</sup>	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Reflects gift of shares.

2. The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including restricted shares.

Remarks:

By Catherine T. White under  
Power of Attorney dated as of  
October 14, 2011

02/11/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.